

## Like Jesus

A Lent Bible Study For Students





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Each week we will focus on a key characteristic of Jesus, with daily topics exploring different aspects of that trait. There will also be "Big Question" days for deeper reflection and a weekly challenge to apply what we've learned.

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**Knowing Jesus** 

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#### **DAY 1: WHO IS JESUS?**

In the beginning was the Word, and the Word was with God, and the Word was God. The Word became flesh and made his dwelling among us. We have seen his glory, the glory of the one and only Son, who came from the Father, full of grace and truth.

John 1:1, 14

#### **EXTRA READINGS**

**Philippians 2:5-8** Learn how Jesus humbled Himself for us.

**Colossians 1:15-20** Discover more about Jesus as the image of the invisible

God.

I'm so excited to kick off our Lent journey by asking one of the biggest questions of all: Who is Jesus? When we read John 1, we learn that Jesus isn't just a wise teacher—He is God in human form! Imagine the wonder of God coming to live among us, sharing His love and light. Wow!

Jesus isn't distant or mysterious; He's right here with us. Today, think about what it means that the Creator of the universe chose to be near us, to know us personally, and to offer us His love.

#### **DISCUSSION QUESTIONS**

- 1. What words would you use to describe who Jesus is?
- 2. Why is it amazing that God chose to become human in Jesus
- 3. How do you see Jesus at work in your life?

#### **ACTIVITY**

Take a piece of paper and use your favorite colors, words, or drawings to create a collage that shows what you know about Jesus. Write or draw things that remind you of His love, power, and kindness. When you're finished, share your collage with your friends!

#### **APPLICATION**

Share one thing you've learned today about Jesus with a friend.

#### **PRAYER**

Dear Jesus, thank You for coming to live among us. Help me to see Your love and truth in every part of my life. Teach me more about who You are, and guide me to live in Your light. Amen.

#### **DAY 2: JESUS CAME FOR ALL**

When Jesus reached the spot, he looked up and said to him, "Zacchaeus, come down immediately. I must stay at your house today."

Luke 19:5

#### **EXTRA READINGS**

**Luke 15:1-7** The parable of the lost sheep shows Jesus' care for

everyone.

**John 4:7-26** The story of the Samaritan woman reveals how Jesus

breaks down barriers.

Today's story is about Zacchaeus—a man many would overlook, yet Jesus saw him and said, "I must stay at your house today!" Isn't that incredible? Jesus came for everyone, even those society might forget. His heart reaches out to each one of us, no matter our background or past mistakes.

Let's think about how Jesus' invitation to Zacchaeus shows us that no one is beyond His love. He calls each person by name, inviting them into a life-changing relationship with Him.

#### **DISCUSSION QUESTIONS**

- 1. Why do you think Jesus chose to visit Zacchaeus?
- 2. How can we show that same inclusive love in our daily lives?
- 3. Can you think of a time when you felt included or valued by someone—even if you felt different?

#### **ACTIVITY**

In small groups, act out the story of Zacchaeus meeting Jesus. One person can be Zacchaeus, another Jesus, and others can be the onlookers. After your mini-drama, discuss how it felt to step into these roles and what you learned about Jesus' heart.

#### **APPLICATION**

Think of someone who might feel left out or unloved. Ask God to show you a way to include them this week.

#### **PRAYER**

Dear Jesus, thank You for reaching out to everyone, even those who feel forgotten. Help me to see others with Your loving eyes and share Your kindness wherever I go. Amen.

#### **DAY 3: JESUS UNDERSTANDS**

He was despised and rejected by mankind, a man of suffering, and familiar with pain. Like one from whom people hide their faces he was despised, and we held him in low esteem. Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted. But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed. Isaiah 53:3-5

#### **EXTRA READING**

Hebrews 4:15

Jesus empathises with our weaknesses because He has been tempted in every way.

Today, let's take a moment to think about pain and loneliness. Have you ever felt hurt or misunderstood? The beautiful truth is that Jesus has felt that pain too. He was rejected and suffered so that He could truly understand our deepest hurts. Isn't it comforting to know that the One who created us knows our sorrows?

When you feel alone or in pain, remember that Jesus is right there with you—He understands every tear, every ache, and every struggle.

#### **DISCUSSION QUESTIONS**

- 1. Can you share a time when you felt misunderstood or hurt?
- 2. How does it help you to know that Jesus experienced pain too?
- 3. In what ways can we lean on Jesus when we're hurting?

#### **ACTIVITY**

Take a blank piece of paper and divide it into two sections. In the first section, draw or write how you feel when you're in pain. In the second, depict how you imagine Jesus comforting and healing you. Then, share your drawing with your friends if you feel comfortable.

#### **APPLICATION**

Tonight, when you're feeling down or hurt, pause for a moment and remember that Jesus is with you, understanding every part of your pain.

#### **PRAYER**

Dear Jesus, thank You for knowing my pain and for carrying my sorrows. Help me to feel Your comforting presence every time I feel alone. Amen.

#### **DAY 4: JESUS LOVES THE POOR**

"The Spirit of the Lord is on me, because he has anointed me to proclaim good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to set the oppressed free, Luke 4:18

#### **EXTRA READINGS**

Matthew 25:35-40 Jesus reminds us that caring for those in need is like

caring for Him.

**James 1:27** True religion is looking after orphans and widows in

their distress.

Today we're looking at a powerful side of Jesus' mission—His deep concern for those who have little, for the poor, and for orphans. When Jesus read in the synagogue about God's promise, He declared that He was here to bring hope to those who are often forgotten. How amazing is that?

Jesus' heart beats for the downtrodden. He wants us to care for those in need, showing the same compassion He has for all people.

#### **DISCUSSION QUESTIONS**

- 1. What does Jesus' message in today's passage tell us about His heart?
- 2. How can we show compassion to people who are struggling around us?
- 3. Why do you think it's important to care for those who are often overlooked?

#### **ACTIVITY**

Sit in a circle with your friends. Each person shares one practical idea for helping someone in need—whether it's a kind word, helping with chores, or simply listening. Write down all the ideas on a large piece of paper, and discuss which one you might try this week.

#### **APPLICATION**

This week, choose one small act of kindness to help someone in need, reflecting Jesus' love in action.

#### **PRAYER**

Dear Jesus, thank You for caring about the poor and orphans. Give me a compassionate heart so that I can share Your love with those who need it most. Amen.





"I am the good shepherd; I know my sheep and my sheep know me— John 10:14

#### **EXTRA READING**

**Psalm 139:1-3** Reflect on how wonderfully God knows each one of us.

Today, let's celebrate the personal side of Jesus. Isn't it incredible to know that Jesus calls us His own? When He says, "I know my sheep, and my sheep know me," He invites us into a close, personal relationship. He isn't some distant figure—He cares about YOU, knowing your name, your dreams, and your struggles.

Imagine having a friend who truly sees you and loves you exactly as you are. That's what Jesus offers!

#### **DISCUSSION QUESTIONS**

- 1. How does it feel to know that Jesus calls you by name?
- 2. What do you think it means to have a personal relationship with Jesus?
- 3. How can this personal relationship change the way you face life?

#### **ACTIVITY**

Take a piece of paper and write your name in big letters. Around it, jot down qualities that make you special. Then, share with your friends how it feels to be known and loved by Jesus. It's a great reminder that you matter!

#### **APPLICATION**

Today, remember that you are uniquely known and loved by Jesus. Let that truth shine through in your actions and words.

#### **PRAYER**

Dear Jesus, thank You for calling me by name and for knowing every part of who I am. Help me to live confidently as Your beloved sheep, cared for and cherished. Amen.

## DAY 6: BIG QUESTION - WHY DOES JESUS CARE ABOUT ME?

But God demonstrates his own love for us in this: While we were still sinners, Christ died for us.

Romans 5:8

#### **EXTRA READING**

John 3:16

Remember, God's love for the world is so great that He gave His only Son.

Today, we're asking a big, heartfelt question: Why does Jesus care about me? All week we've discovered that Jesus is our friend, that He reaches out to everyone, understands our pain, cares for the needy, and calls us by name. But sometimes, when life is tough, we might wonder, "Why would someone as amazing as Jesus care about someone like me?"

The truth is, His care isn't based on what we do—it's based on His incredible, unconditional love for each of us. Even in our lowest moments, Jesus is right there, caring deeply and unconditionally.

#### **DISCUSSION QUESTIONS**

- 1. What does it mean to you that Jesus cares about you personally?
- 2. Can you think of a time when you felt His care in your life?
- 3. How does knowing Jesus cares for you change the way you face difficulties?

#### **ACTIVITY**

Take a blank sheet of paper and draw a simple map of your daily life—places like home, school, and where you spend time with friends. In each area, write down or draw a small reminder of how you sense Jesus' care (like a heart, a smile, or a comforting word). Share your map with your friends if you'd like!

#### **APPLICATION**

Tonight, spend a few quiet moments asking Jesus to show you His care in the little details of your life.

#### **PRAYER**

Dear Jesus, thank You for caring about me so deeply. Help me to feel Your loving presence in every part of my day and remind me that I am never alone. Amen.

# DAY 7: WEEKLY CHALLENGE - EXPRESSING WHAT YOU'VE LEARNED

Over the past week, we've discovered that Jesus is our Creator, Friend, Saviour, and Shepherd—He came for everyone, understands our pain, cares for the needy, and calls us by name.

#### **EXTRA READINGS**

Revisit any of this week's passages that touched your heart—try it's John 1, Luke 19, or John 10.

We've had an amazing week learning about who Jesus is and how much He cares for us. Now it's time to put what we've learned into action! I challenge you this week to get creative—express your thoughts, feelings, or even questions about Jesus in your own special way.

#### **DISCUSSION QUESTIONS**

- 1. Which part of this week's lessons spoke to your heart the most?
- 2. How has learning about Jesus changed the way you see yourself?
- 3. What creative idea can you use to share Jesus' love with others?

#### **ACTIVITY**

Choose one of these creative challenges:

- 1. Write a Letter: Write a heartfelt letter to Jesus. Tell Him what You've learned, how You feel, and even ask Him questions about what matters most to you.
- 2. Create a Drama: With your friends, work together to create a short skit that shows Jesus meeting someone in need. Use your paper and pens to write a script, assign roles, and then perform it for one another.

#### **APPLICATION**

Share your letter or performance with a friend—let your creativity be a testimony of your journey in knowing Jesus.

#### **PRAYER**

Dear Jesus, thank You for revealing Yourself to me this week. Help me to use my words and actions to share Your love with others. Guide me as I express what You mean to me in my own special way. Amen.

## LOVING LIKE JESUS DAY 8: JESUS LOVES HIS FRIENDS

My command is this: Love each other as I have loved you. Greater love has no one than this: to lay down one's life for one's friends.

John 15:12-13

#### **EXTRA READINGS**

**Luke 10:25-37** The parable of the Good Samaritan shows us practical

love in action.

**Proverbs 17:17** "A friend loves at all times..."

I hope you're ready for another inspiring day. Today we celebrate how Jesus shows us what true friendship is all about. Picture having a friend who's always there to encourage, support, and even stand up for you—that's how Jesus loves us! He not only tells us to love one another, but He also sets the perfect example by giving His life for His friends. How amazing is that?

#### **DISCUSSION QUESTIONS**

- 1. What does being a "friend" mean to you?
- 2. How have you experienced Jesus' friendship in your life?
- 3. What is one way you can show a friend Jesus' love today?

#### **ACTIVITY**

Gather some small pieces of paper. On each one, write down a quality of a good friend (like kindness, honesty, or patience). Work together with your friends to stack these pieces to form a "Friendship Tower." As you build, discuss how each quality helps build strong, loving relationships.

#### **APPLICATION**

Do one small act of kindness for a friend today—share a kind word, a note, or simply lend a listening ear.

#### **PRAYER**

Dear Jesus, thank You for calling me Your friend and showing me what real love looks like. Help me to be a true friend by sharing Your love with those around me. Amen.

## LOVING LIKE JESUS DAY 9: LOVING OUR ENEMIES

But I tell you, love your enemies and pray for those who persecute you, Matthew 5:44

#### **EXTRA READINGS**

**Luke 6:27-36** Jesus' teaching on loving those who hurt us.

**Romans 12:14-21** Practical advice on overcoming evil with good.

Today we face a big challenge: loving our enemies. It might sound almost impossible, especially when someone has hurt us. But Jesus calls us to go further—He teaches us to love even those who seem unlovable. Imagine being so filled with love that you choose kindness even when you're hurt. That's the kind of radical love Jesus shows us!

#### **DISCUSSION QUESTIONS**

- 1. Why do you think Jesus wants us to love our enemies?
- 2. Can you recall a time when someone hurt you? How might you have responded differently if you felt Jesus' love?
- 3. What small step could you take to show kindness to someone who has wronged you or someone who is different from you?

#### **ACTIVITY**

Pair up with a friend and act out a short scenario where one person has been hurt by another. Then, re-enact the scenario with both people choosing to respond with kindness and understanding. Discuss how it feels to choose love over hurt.

#### **APPLICATION**

This week, try to offer a kind word or gesture to someone who might be difficult to love—even if it's just a smile or a simple prayer for them.

#### **PRAYER**

Dear Jesus, thank You for showing me that love is stronger than anger or hurt. Help me to follow Your example by loving even those who challenge me. Amen.

## LOVING LIKE JESUS DAY 10: JESUS SHOWS COMPASSION

When Jesus landed and saw a large crowd, he had compassion on them, because they were like sheep without a shepherd. So he began teaching them many things. Mark 6:34

#### **EXTRA READINGS**

**John 11:35** The shortest verse, "Jesus wept," reminds us of His deep

compassion.

**Luke 7:11-17** Jesus' compassion brings comfort and hope.

Today we're focusing on compassion. Have you ever seen someone in pain and felt a tug at your heart? That's compassion! When Jesus saw the crowds, He wasn't indifferent—He was moved by their need. He cared deeply and reached out with kindness and healing. His compassion shows us that love isn't just a feeling—it's an action.

#### **DISCUSSION QUESTIONS**

- 1. What does compassion mean to you?
- 2. Can you think of a time when someone's compassion made a difference in your life?
- 3. How can you show compassion to someone who is hurting today?

#### **ACTIVITY**

Sit in a circle with your friends. Each person takes a turn sharing a time when they saw or experienced compassion. After everyone shares, brainstorm together simple ways to show compassion in everyday life, and write these ideas on a large sheet of paper.

#### **APPLICATION**

This week, look for someone who might be hurting or feeling alone, and show them a small act of compassion—whether it's a kind word, a helping hand, or just your time.

#### **PRAYER**

Dear Jesus, thank You for Your boundless compassion. Teach me to see the needs of those around me and to reach out with Your loving heart. Amen.

## LOVING LIKE JESUS DAY 11: HELPING THOSE IN NEED

"The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'

Matthew 25:40

#### **EXTRA READINGS**

**Matthew 25:35-39** Reflect on how serving others is like serving Jesus.

**James 2:14-17** Faith is expressed through actions.

Today, let's talk about a simple but powerful way to love—helping those in need. Jesus taught that when we care for the hungry, the lonely, or the hurting, we're really caring for Him. Think about that: every time you lend a hand or share a smile, you're reflecting His love to the world. Isn't that inspiring?

#### **DISCUSSION QUESTIONS**

- 1. What are some practical ways you can help someone who needs it?
- 2. How does it feel to know that helping others is a way to serve Jesus?
- 3. Can you share a time when someone's help made a big difference in your life?

#### **ACTIVITY**

On a large sheet of paper, draw a hand. Then, with your friends, write down simple ideas around the hand—like "help a neighbour," "share a snack," or "listen to someone's problems." Choose one idea that you can put into practice this week.

#### **APPLICATION**

Pick one idea from your "Helping Hands" brainstorm and put it into action this week.

#### **PRAYER**

Dear Jesus, thank You for showing me that every act of kindness is a way to serve You. Open my eyes to the needs around me and help me to act with a generous heart. Amen.

## LOVING LIKE JESUS DAY 12: LOVING WITHOUT FEAR

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love.

1 John 4:18

#### **EXTRA READINGS**

**Romans 8:38-39** Nothing can separate us from the love of God.

**John 13:34-35** Jesus commands us to love one another as He has loved

us.

Today we're exploring a truth that might surprise you: love is fearless! When we truly embrace Jesus' love, we find that fear loses its power. Loving without fear means trusting that love is stronger than any hurt, any challenge, or any doubt. Jesus' perfect love casts out all fear and fills our hearts with courage.

#### **DISCUSSION QUESTIONS**

- 1. What fears stop you from showing love to others?
- 2. How does knowing Jesus' love can drive out fear change the way you live?
- 3. What is one way you can show fearless love this week?

#### **ACTIVITY**

Take a piece of paper and draw two simple images: one representing a fear or worry you sometimes feel, and another representing the love of Jesus. Discuss in your group how the image of Jesus' love can cover or overcome that fear.

#### **APPLICATION**

This week, when you feel fear creeping in, remind yourself of Jesus' perfect love and let that love push the fear away.

#### **PRAYER**

Dear Jesus, thank You for Your fearless love that drives out all fear. Help me to live boldly and love freely, trusting in Your constant care. Amen.



### **LOVING LIKE JESUS**

## DAY 13: BIG QUESTION - HOW DO I LIVE WHEN PEOPLE HURT ME?

But I tell you, love your enemies and pray for those who persecute you, Matthew 5:44

#### **EXTRA READINGS**

**Luke 6:27-28** More of Jesus' teaching on loving those who harm us.

**1 Corinthians 13:4-7** The qualities of love in action.

Today, we tackle a BIG question: How do I love when people hurt me? It's one of life's toughest challenges. When someone hurts us, our natural response might be anger or withdrawal. Yet, Jesus calls us to do something extraordinary—love even in the face of pain. How do we find that strength? By looking to Jesus, who forgave and loved even when He was hurt.

Think about it: if Jesus could show love when it was painful, then we, too, can find the courage to love beyond our hurt. It isn't about pretending the pain isn't there; it's about choosing to trust in God's love to heal and transform us.

#### **DISCUSSION QUESTIONS**

- 1. What are some of the feelings you experience when someone hurts you?
- 2. How might choosing love in those moments change the situation?
- 3. What steps can you take to mirror Jesus' love even when you're in pain?

#### **ACTIVITY**

Take a piece of paper and write down a hurt or anger you've felt. Then, under it, write a few words or a short prayer asking Jesus to help you let go of that hurt. When you feel ready, crumple up the paper as a symbol of releasing that pain. Share your feelings with your friends if you feel comfortable.

#### **APPLICATION**

When you're hurt this week, pause and ask Jesus for the strength to respond with love instead of anger.

#### **PRAYER**

Dear Jesus, I know it's hard to love when I'm hurt. Please help me to remember Your example and to let Your love heal my wounds. Give me the courage to love even in the midst of pain. Amen.

### **LOVING LIKE JESUS**

## Day 14: WEEKLY CHALLENGE - ACT OF KINDNESS

This week, we've learned that Jesus loves deeply—He calls us His friends, teaches us to love our enemies, shows compassion to all, helps those in need, and loves without fear.

#### **EXTRA READINGS**

Revisit any of this week's passages that speak to you about love and kindness. Try John 15, Matthew 5 or Mark 6.

We've had an incredible week exploring what it means to love like Jesus. Now, it's time to put that love into action with our Weekly Challenge. Think of one simple, genuine act of kindness you can do this week for someone who might need it—a friend, a neighbour, or even someone you don't know well.

When you show kindness without expecting anything in return, you mirror the selfless love of Jesus.

#### **DISCUSSION QUESTIONS**

- 1. Which part of this week's lessons about love impacted you the most?
- 2. How can a simple act of kindness make a big difference in someone's day?
- 3. What act of kindness do you feel inspired to do this week?

#### **ACTIVITY**

With some friends, take a few moments to write down your "kindness pledge." On a piece of paper, each person writes one act of kindness they will commit to doing this week. Then, share your pledges with your friends and encourage each other to follow through.

#### **APPLICATION**

Carry out your act of kindness this week, and later, share with your group how it made a difference in your life and someone else's.

#### **PRAYER**

Dear Jesus, thank You for teaching me to love boldly and unconditionally. Help me to put my faith into action by serving others with kindness and grace. Guide me as I show Your love to those around me. Amen.



#### **DAY 15: JESUS FORGIVES**

Jesus said, "Father, forgive them, for they do not know what they are doing." And they divided up his clothes by casting lots.

Luke 23:34

#### **EXTRA READINGS**

**Matthew 6:14-15** Jesus teaches about the importance of forgiving others.

**Ephesians 4:32** Encouragement to be kind and forgiving.

Today, we're looking at one of the most powerful moments in the Bible—Jesus' forgiveness on the cross. Even in the midst of great suffering, Jesus chose to forgive those who hurt Him. Just imagine the courage and love it takes to forgive when you're in pain! Jesus shows us that forgiveness isn't about excusing the hurt—it's about releasing the burden so we can live freely in God's love.

#### **DISCUSSION QUESTIONS**

- 1. What do you feel when you read Jesus' words of forgiveness?
- 2. How does knowing that Jesus forgives even when He's hurt change the way you think about forgiveness?
- 3. In what ways can Jesus' example inspire you to forgive someone who has wronged you?

#### **ACTIVITY**

Take a piece of paper and draw a simple bridge. On one side, write or draw things that represent hurt or anger you might be carrying; on the other side, write words like "love," "peace," or "freedom." As you draw the bridge connecting these two sides, talk with your group about how forgiveness helps us cross from pain to healing.

#### **APPLICATION**

Today, reflect on any hurt you're holding onto. Ask Jesus to help you begin building a bridge of forgiveness in your heart.

#### **PRAYER**

Dear Jesus, thank You for showing me the power of forgiveness even in the toughest moments. Help me to let go of anger and embrace Your love. Teach me to forgive others, just as You have forgiven me. Amen.

#### **DAY 16: FORGIVING OTHERS**

Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?"

Jesus answered, "I tell you, not seven times, but seventy-seven times.

Matthew 18:21-22

#### **EXTRA READINGS**

**Ephesians 4:32** Let your kindness and compassion lead you to

forgiveness.

**Colossians 3:13** Bear with each other and forgive one another, as the

Lord forgave you.

Forgiving others can be one of the hardest things to do, especially when we've been hurt. Today's passage reminds us that Jesus calls us to forgive not just once or twice, but over and over. It's not about keeping track—it's about letting go of resentment so that our hearts can be free. Even when it feels impossible, remember that the forgiveness you give reflects the boundless forgiveness you have received from God.

#### **DISCUSSION QUESTIONS**

- 1. What makes it so difficult to forgive someone who has hurt you?
- 2. How can forgiving repeatedly change your heart and your relationships?
- 3. Can you share a time when forgiving someone (or asking for forgiveness) brought healing?

#### **ACTIVITY**

On a a small piece of paper write a short note expressing forgiveness toward someone who has hurt you—or even a note forgiving yourself for past mistakes. If you feel comfortable, share your note with your friends. Remember, this exercise is about opening your heart to healing.

#### **APPLICATION**

This week, try to offer forgiveness in small ways, whether it's through kind words, a thoughtful gesture, or simply letting go of a grudge.

#### **PRAYER**

Dear Jesus, help me to forgive others as You have forgiven me. Remove the weight of anger and resentment from my heart, and fill me with Your gentle love. Amen.



#### **DAY 17: GOD FORGIVES US**

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

1 iohn 1:9

#### **EXTRA READINGS**

**Psalm 103:10-12** A beautiful reminder of how far God's forgiveness

reaches.

**Isaiah 1:18** "Though your sins are like scarlet, they shall be as white

as snow."

Today, let's focus on the gift of God's forgiveness. We all make mistakes, but the amazing truth is that God offers us complete forgiveness when we turn to Him. It's a fresh start—no matter how big our mistakes, His love is greater. When we accept His forgiveness, we're not defined by our past, but by His grace and mercy.

#### **DISCUSSION QUESTIONS**

- 1. How does it feel to know that God is always ready to forgive you?
- 2. What does God's forgiveness mean for your everyday life?
- 3.In what ways can you remind yourself of God's promise to forgive and cleanse you?

#### **ACTIVITY**

Take a clean sheet of paper and a blue marker or crayon. Draw a simple image of water and write words like "forgiven," "cleansed," or "new start" inside or around it. Share with your group how this image reminds you of God's washing away of our sins.

#### **APPLICATION**

Today, take a moment to confess and thank God for His forgiveness. Let that truth bring peace to your heart.

#### **PRAYER**

Dear God, thank You for Your endless mercy and forgiveness. Cleanse my heart of past mistakes and help me to live in the freedom of Your love. Amen.

## DAY 18: HEALING THROUGH FORGIVENESS

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

Ephesians 4:32

#### **EXTRA READINGS**

**Colossians 3:12-14** A call to clothe ourselves with compassion, kindness,

and forgiveness.

**James 5:16** Confess your sins to each other and pray for each other

so that you may be healed.

Forgiveness isn't just about releasing anger—it's a path to healing. When we forgive, we mend our own hearts and build healthier relationships. Think about a time when letting go of a grudge made you feel lighter and more at peace. Jesus shows us that forgiveness brings restoration, not just to others but to ourselves as well.

#### **DISCUSSION QUESTIONS**

- 1. How have you experienced healing after forgiving someone or being forgiven?
- 2. Why do you think forgiveness is essential for emotional and spiritual well-being?
- 3. What small step can you take this week to promote healing in a relationship?

#### **ACTIVITY**

Using scrap paper or a plain sheet, create a collage that represents healing. Draw symbols like hearts, bandages, or even bright colors. In your collage, include words or phrases that remind you of forgiveness and healing. Share your collage with your friends if you feel comfortable.

#### **APPLICATION**

Look for an opportunity this week to mend a broken relationship by offering forgiveness or seeking it.

#### **PRAYER**

Dear Jesus, thank You for the healing power of forgiveness. Help me to let go of old hurts so that I can embrace Your healing love. Amen.

#### **DAY 19: LETTING GO OF ANGER**

"In your anger do not sin": Do not let the sun go down while you are still angry, Ephesians 4:26

#### **EXTRA READINGS**

**Proverbs 15:1** "A gentle answer turns away wrath."

James 1:19-20 Be quick to listen, slow to speak, and slow to become

angry.

Anger can feel overwhelming sometimes, but holding on to it only hurts us in the end. Today's passage reminds us not to let anger fester. Letting go of anger is a vital part of forgiveness—it frees our hearts and opens us up to God's peace. Just as Jesus forgave, we too can choose to release our anger and let love take its place.

#### **DISCUSSION QUESTIONS**

- 1. What triggers feelings of anger in you?
- 2. How do you think holding on to anger affects your life?
- 3. What are some ways you can let go of anger when it starts to build?

#### **ACTIVITY**

On a piece of paper, draw two images: one representing a feeling of anger (it could be dark colours or a stormy picture) and another representing peace and love (using bright, calming colours). Discuss with friends how you might transform anger into love by choosing forgiveness.

#### **APPLICATION**

When you feel anger rising this week, pause and remember Jesus' call to forgive. Try a deep-breathing exercise or write down your feelings, then let them go through prayer.

#### **PRAYER**

Dear Jesus, help me to release my anger and embrace Your gentle love. Teach me to respond with kindness and patience, so that my heart may be filled with Your peace. Amen.

## DAY 20: Big Question - Does Forgiving Mean Forgetting?

Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

Colossians 3:13

#### **EXTRA READINGS**

Matthew 6:14-15 Reflect on the importance of forgiving others as God

forgives us.

**Luke 6:37** "Do not judge, and you will not be judged. Do not

condemn, and you will not be condemned. Forgive, and

you will be forgiven."

Today we ask a big, thought-provoking question: Does forgiving mean forgetting? It can be hard to let go of painful memories, and forgiving doesn't necessarily mean wiping them from our minds. Instead, forgiveness is about choosing not to let the hurt control your life. It means trusting God to heal you—even if you remember what happened—and moving forward with hope.

#### **DISCUSSION QUESTIONS**

- 1. What does forgiveness mean to you—forgetting the hurt, or releasing its power over you?
- 2. How can remembering while forgiving help you grow stronger?
- 3. In what ways might holding onto memories affect your ability to love fully?

#### **ACTIVITY**

On a piece of paper, draw two columns. In one column, list memories or feelings that remind you of hurt; in the other, list words that symbolise forgiveness and healing (like "release," "peace," "love"). Discuss with your friends how you can acknowledge the past while choosing to forgive and move forward.

#### **APPLICATION**

This week, practice forgiving even if you remember the hurt. Let your heart choose peace over bitterness.

#### **PRAYER**

Dear Jesus, help me to forgive without needing to erase the past. Strengthen my heart so that even when memories linger, Your love and grace guide me toward healing and hope. Amen.

## DAY 21: WEEKLY CHALLENGE - LETTING GO OF HURTS

Over this week, we've learned that Jesus forgives even in the hardest moments, teaches us to forgive others repeatedly, and offers us the gift of His forgiveness. We've also seen that forgiving brings healing, helps us let go of anger, and frees us to live fully in His love.

#### **EXTRA READINGS**

Re-read any of this week's passages that moved you—especially those that remind you of God's forgiving heart.

We've reached the end of our week on forgiveness. Now it's time to take action! I challenge you this week to choose one hurt or grudge you've been carrying and let it go. Use a creative way to symbolically release that pain and celebrate the freedom that forgiveness brings.

#### **ACTIVITY**

Take a clean piece of paper and, quietly and honestly, write down something you need to forgive—or even a hurt you're holding onto. Once you're done, pray over it, asking Jesus to help you let it go. Then, tear up the paper as a symbol of releasing that burden. If you feel comfortable, share your experience with your group.

#### **DISCUSSION QUESTIONS**

- 1. How did it feel to put your hurt on paper and then let it go?
- 2. What changes do you notice in your heart when you choose to forgive?
- 3. How can this act of letting go help you move forward in your relationship with others and with God?

#### **APPLICATION**

Carry the spirit of today's exercise into the coming week. Let forgiveness be a continual practice in your life, freeing you from past hurts and opening you to God's healing love.

#### **PRAYER**

Dear Jesus, thank You for showing me the freedom that comes with forgiveness. Help me to let go of past hurts and to trust in Your healing power. Guide me to live each day with a heart full of grace and love. Amen.

#### **DAY 22: JESUS' PRAYER LIFE**

Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

Mark 1:35

#### **EXTRA READINGS**

**Luke 5:16** Notice how Jesus often withdrew to pray.

**Matthew 6:5-13** Learn more about Jesus' teaching on prayer.

Today, we're looking at the simple, yet powerful habit of prayer that Jesus practiced every day. Imagine waking up before sunrise, seeking out a quiet place, and talking with God. That's exactly what Jesus did—even when He was busy with teaching, healing, and traveling. His example reminds us that prayer isn't just a duty; it's a loving conversation with our Father. How incredible is it that even the Son of God found time for prayer?

#### **DISCUSSION QUESTIONS**

- 1. Why do you think Jesus made time to pray, even on His busiest days?
- 2. How does taking time for prayer change your day?
- 3. What might be one small way you can create a quiet moment with God tomorrow?

#### **ACTIVITY**

Take a piece of paper and draw or write down a scene of a quiet morning. Include things that remind you of peace—maybe a sunrise, a calm place, or even a simple comforting drink. As you create your drawing, think about how spending a few moments with God can set a positive tone for your day.

#### **APPLICATION**

Tomorrow morning, try to wake up a little earlier and spend just a few minutes praying in a quiet spot.

#### **PRAYER**

Dear Jesus, thank You for showing me the importance of quiet time with You. Help me to set aside moments each day to talk with You and feel Your peace. Amen.



#### **DAY 23: THE LORD'S PRAYER**

"This, then, is how you should pray: "'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.'

Matthew 6:9-13

#### **EXTRA READINGS**

**Luke 11:2-4** Another version of the prayer Jesus taught His disciples.

**Matthew 6:5-13** For the full context of the Lord's Prayer.

Today we explore the prayer that Jesus gave to His followers—the Lord's Prayer. This prayer isn't just a set of words; it's a model for building a relationship with God. When Jesus taught His disciples to pray, He gave them a pattern to express reverence, ask for guidance, and seek forgiveness. Isn't it amazing that a few simple lines can open up a deep conversation with our Heavenly Father?

#### **DISCUSSION QUESTIONS**

- 1. What words in the Lord's Prayer stand out to you, and why?
- 2. How does this prayer help you feel closer to God?
- 3. In what ways can you personalise the Lord's Prayer to speak to your heart?

#### **ACTIVITY**

Take a small piece of paper and fold it like a postcard. Write or draw something that reminds you of one line from the Lord's Prayer. Share your postcard with your friends and explain why that line is important to you.

#### **APPLICATION**

Memorize one line of the Lord's Prayer this week and use it during your quiet prayer time.

#### **PRAYER**

Dear God, thank You for giving us the Lord's Prayer as a guide. Help me to understand each word and to pray with a heart full of faith and gratitude. Amen.

#### **DAY 24: PRAYING FOR OTHERS**

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people—
1 Timothy 2:1

#### **EXTRA READINGS**

**James 5:16** Confess your sins to each other and pray for each other.

**Ephesians 6:18** Pray in the Spirit on all occasions with all kinds of

prayers and requests.

Today, we're talking about the power of praying for others. Sometimes, we get so wrapped up in our own lives that we forget our friends, family, and even strangers need prayer too. Jesus set the perfect example by caring for everyone—whether they were near or far, joyful or hurting. Praying for others is a beautiful way to share God's love and intercede on their behalf.

#### **DISCUSSION QUESTIONS**

- 1. Why is it important to pray for others?
- 2. How can praying for someone else change your perspective on your own problems?
- 3. Who is someone you know that could really use your prayers this week?

#### **ACTIVITY**

Write the name of someone you want to pray for on a strip of paper. Then, pass the paper around in your friendship group so that everyone adds a short prayer for that person. Connect the strips to form a "prayer chain" as a symbol of your collective support.

#### **APPLICATION**

Choose one person to pray for daily this week, and note how your prayers might bring comfort to both of you.

#### **PRAYER**

Dear God, thank You for teaching me to care for others through prayer. Help me to lift up those in need and to trust that You are always listening. Amen.

#### **DAY 25: PRAYING WITH FAITH**

"Have faith in God," Jesus answered. "Truly I tell you, if anyone says to this mountain, 'Go, throw yourself into the sea,' and does not doubt in their heart but believes that what they say will happen, it will be done for them.

Mark 11:22-23

#### **EXTRA READINGS**

**Matthew 21:21-22** The power of faith-filled prayer.

**Hebrews 11:1** Faith is the substance of things hoped for.

Today we're diving into praying with faith. Jesus reminds us that faith is the key to unlocking God's power. When you pray, believing wholeheartedly that God hears you and will act, your prayers become powerful. Faith isn't always about seeing immediate answers; it's about trusting in God's timing and goodness even when the outcome is uncertain.

#### **DISCUSSION QUESTIONS**

- 1. What does it mean to pray with faith?
- 2. Can you think of a time when faith in prayer made a difference in your life?
- 3. How do you build or strengthen your faith when you're feeling uncertain?

#### **ACTIVITY**

On a sheet of paper, write down one prayer request and next to it, list ways you can trust God with that request. Decorate your page with words like "faith," "trust," or images that remind you of God's promises. Share your thoughts with your friends if you'd like.

#### **APPLICATION**

This week, whenever you pray, remind yourself to pray with faith. Speak out your trust in God's power and goodness.

#### **PRAYER**

Dear Jesus, help me to pray with a heart full of faith. Strengthen my trust in Your promises, and remind me that nothing is impossible with You. Amen.

#### **DAY 26: PRAY IN HARD TIMES**

Jesus went out as usual to the Mount of Olives, and his disciples followed him. 40 On reaching the place, he said to them, "Pray that you will not fall into temptation." Luke 22:39-40

#### **EXTRA READINGS**

**Luke 22:41-46** See how Jesus prayed earnestly in the Garden of

Gethsemane.

**Psalm 55:22** Cast your cares on the Lord.

Today we reflect on a time when even Jesus experienced deep distress. In the Garden of Gethsemane, Jesus prayed in the midst of overwhelming sorrow and fear. His honest, raw prayer shows us that in our toughest moments, it's okay to pour out our hearts to God. When life feels heavy, remember that Jesus understands our pain and invites us to bring our worries to Him.

#### **DISCUSSION QUESTIONS**

- 1. How do you feel when life gets really hard?
- 2. What can Jesus' example in the Garden teach us about handling our fears?
- 3. How might prayer help you during your own challenging times?

#### **ACTIVITY**

Find a quiet corner and spend one minute silently reflecting on a time when you felt overwhelmed. Then, write a short prayer asking God for strength and comfort. If you'd like, share your thoughts with your group, knowing that you're not alone in your struggles.

#### **APPLICATION**

The next time you face a difficult moment, try to pause and speak to God just like Jesus did—honestly and with an open heart.

#### **PRAYER**

Dear Jesus, thank You for showing me that it's okay to be vulnerable. Help me to lean on You when I'm weak and to trust in Your comforting presence during hard times. Amen.



# DAY 27: BIG QUESTION - WHY DOES GOD SOMETIMES NOT ANSWER PRAYER?

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

Mark 11:24

#### **EXTRA READINGS**

**Isaiah 55:8-9** God's ways are higher than ours.

**Psalm 66:19-20** Reflect on the mystery of God's work in our lives.

Today we ask a big, honest question: Why does God sometimes not answer prayer? It's a question many of us wrestle with when our prayers seem to go unanswered. The truth is, God's ways are higher than our own, and sometimes what we ask for isn't what we truly need. Even when the answer seems "no" or "wait," we can trust that God's plan is filled with wisdom and love—even if we don't understand it right away.

#### **DISCUSSION QUESTIONS**

- 1. Have you ever felt like your prayers went unanswered? How did that make you feel?
- 2. What might it mean for God to answer our prayers in ways we don't expect?
- 3. How can trusting in God's plan help you when answers seem delayed?

#### **ACTIVITY**

Take a few minutes to write down a prayer request that has felt unanswered. Then, jot down any thoughts or feelings you have about it. With your friends, share what you wrote if you feel comfortable, and discuss how sometimes waiting can lead to unexpected blessings.

#### **APPLICATION**

This week, when you feel discouraged by unanswered prayers, remind yourself that God's timing is perfect. Trust that He is working in ways you may not yet see.

#### **PRAYER**

Dear God, help me to trust in Your perfect timing. When I feel my prayers go unanswered, remind me that Your ways are higher than mine, and that You are always working for my good. Amen.

## DAY 28: WEEKLY CHALLENGE - DAILY PRAYER ROUTINE CHALLENGE

Over this week, we've learned how Jesus prioritized prayer—seeking quiet time, teaching us the Lord's Prayer, interceding for others, praying with unwavering faith, and turning to God in hard times. Now it's time to put it into practice!

#### EXTRA READINGS

Revisit any of this week's passages that encouraged you to pray with your whole heart.

We've spent an inspiring week learning about prayer—how Jesus prayed, taught us to pray, and trusted God in every situation. Now, I challenge you to create your own daily prayer routine this coming week. Whether it's a few quiet minutes in the morning or a reflective pause at night, let prayer become a natural part of your day.

#### **DISCUSSION QUESTIONS**

- 1. What is one thing about prayer that you found most encouraging this week?
- 2. How can establishing a daily prayer routine change your relationship with God?
- 3. What time of day feels most right for you to connect with God, and why?

#### **ACTIVITY**

On a sheet of paper, create a simple calendar for the next week. In each box, write a reminder like "quiet time," "pray for a friend," or "thank God for today." Decorate it in a way that inspires you, and share your calendar with your friends for encouragement.

#### **APPLICATION**

For the next seven days, follow your prayer calendar and set aside a special moment to speak with God. Notice how this practice deepens your faith and brings peace to your heart.

#### **PRAYER**

Dear Jesus, thank You for teaching me the power of prayer. Help me to build a daily routine that brings me closer to You and fills my life with Your peace. Amen.

#### **DAY 29: JESUS GAVE HIS LIFE**

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

John 3:16

#### **EXTRA READINGS**

Romans 5:8 "But God demonstrates His own love for us in this: While

we were still sinners, Christ died for us."

**1 John 4:9-10** A reminder of the ultimate gift of love.

Today we start our week by looking at the greatest gift ever given—Jesus' life. When we read John 3:16, we see that God's love was so immense that He gave His only Son for us. This isn't just about a sacrifice long ago; it's a model for us. Jesus gave everything for our sake, showing us that the act of giving is powerful and transformative. Imagine how it feels to know that the Creator of the universe chose to give so much out of love!

#### **DISCUSSION QUESTIONS**

- 1. How does knowing that Jesus gave His life for you make you feel?
- 2. What does it mean to give sacrificially in your own life?
- 3. Can you think of a time when someone's generous act changed your day or your life?

#### **ACTIVITY**

Using scrap paper, colored pencils, or markers, create a collage or drawing that represents the many ways Jesus has given to you. Write or draw symbols of His love, sacrifice, and generosity. Share your creation with your friends and discuss what each image means to you.

#### **APPLICATION**

Today, reflect on one area of your life where you can give sacrificially—even if it's your time, a kind word, or a simple act of service.

#### **PRAYER**

Dear Jesus, thank You for giving Your life for me. Help me understand the power of selfless giving and guide me to share Your love in every way I can. Amen.

## **GIVING LIKE JESUS**DAY 30: GIVING WITHOUT PRIDE

"Be careful not to practice your righteousness in front of others to be seen by them. If you do, you will have no reward from your Father in heaven. Matthew 6:1

#### **EXTRA READINGS**

**Luke 6:38** "Give, and it will be given to you."

Matthew 6:2-4 Jesus teaches us to give quietly, without seeking

applause.

Today we learn that true giving comes from the heart and doesn't need to be shown off. Jesus reminds us that our acts of generosity are meant to be expressions of love, not opportunities for praise. When you give quietly and humbly, you're mirroring the true spirit of Christ. It's not about how many people notice, but about the love behind every act.

#### **DISCUSSION QUESTIONS**

- 1. Why do you think Jesus warns against giving for praise?
- 2. How does giving quietly make your heart feel different?
- 3. What is one way you can give generously without expecting recognition?

#### **ACTIVITY**

In your group, brainstorm ideas for "secret acts" of kindness—small ways to help others without making a big show of it. Write your ideas on pieces of paper and share with your friends how each act could impact someone's day.

#### **APPLICATION**

This week, pick one act of giving that you can do quietly, without drawing attention to yourself.

#### **PRAYER**

Dear Jesus, teach me to give from a pure heart, not seeking praise but simply wanting to share Your love. Help me to be humble in my generosity. Amen.



#### **DAY 31: THE WIDOW'S OFFERING**

Jesus sat down opposite the place where the offerings were put and watched the crowd putting their money into the temple treasury. Many rich people threw in large amounts. But a poor widow came and put in two very small copper coins, worth only a few cents.

Mark 12:41-42

#### **EXTRA READING**

**Luke 21:1-4** Another account of the widow's offering, highlighting

her heart of generosity despite her poverty.

Today we focus on the story of the widow who gave all she had. Even though she had very little, her gift was precious because it came from a heart of deep trust and love. Jesus valued her offering more than the larger gifts of the wealthy because it was given sacrificially. Her story reminds us that it's not the amount we give, but the spirit in which we give it.

#### **DISCUSSION QUESTIONS**

- 1. What does the widow's offering teach you about the value of a sacrificial gift?
- 2. How can you give from your heart, even if you feel you have little?
- 3. In what ways can you show that every gift counts, no matter its size?

#### **ACTIVITY**

On a piece of paper, draw a simple heart. Inside the heart, write or draw things you can give—whether it's your time, a smile, or a listening ear. Share with your friends why these gifts are important and how they reflect the widow's example.

#### **APPLICATION**

Reflect on one thing you can offer—even if it seems small—and do it this week as an act of love.

#### **PRAYER**

Dear Jesus, thank You for teaching me that true giving comes from the heart. Help me to offer whatever I have with sincerity and love, just like the widow did. Amen.

#### **DAY 32: BEING GENEROUS**

Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. 7 Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver

2 Corinthians 9:6-7

#### **EXTRA READING**

**Proverbs 11:25** "A generous person will prosper; whoever refreshes

others will be refreshed."

Today we're encouraged to be generous—not because we have to, but because generosity creates a cycle of blessing. God delights in a cheerful giver, someone who gives freely out of love rather than obligation. Whether you have a lot or a little, your generosity can make a difference. It's like planting seeds; the more you sow, the greater the harvest of blessings in your life and the lives of others.

#### **DISCUSSION QUESTIONS**

- 1. What does it mean to be a cheerful giver?
- 2. How can generosity change your outlook on what you have?
- 3. What are some small things you can give that would make a difference?

#### **ACTIVITY**

Imagine each act of giving is a seed planted for a future harvest. On a piece of paper, draw or write down one "seed" you can plant this week (like helping a friend or sharing a kind word). Discuss with your friends how these seeds might grow into something wonderful.

#### **APPLICATION**

Choose one small act of generosity to do this week—whether it's offering your help, sharing something, or simply being kind.

#### **PRAYER**

Dear God, help me to give generously and cheerfully with whatever I have. Let my heart be open to sharing Your love, and may my actions sow seeds of blessing in my life and the lives of others. Amen.



## DAY 33: TIME, TALENTS AND TREASURE

We have different gifts, according to the grace given to each of us. If your gift is prophesying, then prophesy in accordance with your faith; if it is serving, then serve; if it is teaching, then teach; if it is to encourage, then give encouragement; if it is giving, then give generously; if it is to lead, do it diligently; if it is to show mercy, do it cheerfully.

Romans 12:6-8

#### **EXTRA READING**

1 Peter 4:10-11

Each of you should use whatever gift you have received to serve others.

Today we're reminded that God has blessed each of us in unique ways—through our time, our talents, and even our treasures. What we have to offer isn't measured by its size, but by the love behind it. Whether you sing, paint, help others, or simply share a smile, your gifts are a way to shine God's light into the world. Every gift matters!

#### **DISCUSSION QUESTIONS**

- 1. What gifts (time, talents, or treasures) has God given you?
- 2. How can you use one of your gifts to serve someone this week?
- 3. Why do you think it's important to share what you have with others?

#### **ACTIVITY**

On a sheet of paper, create three columns titled "Time," "Talents," and "Treasures." Under each, list at least one thing you can offer to help others. Share one of your ideas with your group and discuss how you might put it into action this week.

#### **APPLICATION**

Identify one gift you have and find a practical way to use it to bless someone this week.

#### **PRAYER**

Dear Jesus, thank You for the unique gifts You've given me. Help me to use my time, talents, and treasures to serve others and to reflect Your love in all that I do. Amen.

## DAY 34: BIG QUESTION - WHAT IF I FEEL I HAVE NOTHING TO GIVE?

For you know the grace of our Lord Jesus Christ, that though he was rich, yet for your sake he became poor, so that you through his poverty might become rich. 2 Corinthians 8:9

#### **EXTRA READINGS**

**Luke 21:1-4** Reflect again on the widow's offering and what it

teaches us about giving.

**Acts 20:35** "It is more blessed to give than to receive."

Sometimes we look at our own lives and feel like we don't have much to offer. But the truth is, every little gift counts. Jesus, who was rich beyond measure, chose to give everything—even when it meant becoming poor—so that we might be rich in His grace. No matter what you have, God can use it. Even if you feel you have nothing, remember that God's grace makes you rich, and every act of giving, no matter how small, has incredible value.

#### **DISCUSSION QUESTIONS**

- 1. Have you ever felt like you didn't have enough to give? How did that make you feel?
- 2. What does Jesus' example in 2 Corinthians 8:9 teach you about the value of even a small gift?
- 3. How can you redefine what "enough" means when it comes to giving?

#### **ACTIVITY**

Take a moment to write down one thing—even a simple act like a smile or a kind word—that you can give. Then, share with your friends how that small gift can have a big impact. Reflect on the idea that in God's eyes, nothing given from the heart is ever nothing at all.

#### **APPLICATION**

This week, remember that every little bit counts. Identify one small thing you can offer, trusting that God can multiply it for His glory.

#### **PRAYER**

Dear Jesus, sometimes I feel like I have nothing to offer, but Your grace reminds me that even my smallest gift matters. Help me to trust in Your power to use what I give, no matter how little it may seem. Amen.



## DAY 35: WEEKLY CHALLENGE - SHARE YOUR GIFT

Over this week, we've learned that giving is not measured by the size of the gift but by the heart behind it—whether it's your time, talents, or treasure.

#### **EXTRA READINGS**

**1 Peter 4:10** "Each of you should use whatever gift you have

received to serve others, as faithful stewards of God's

grace in its various forms."

**Galatians 6:9** Encouragement to keep doing good and not become

weary.

We've reached the end of our week on giving. Now it's time to put what we've learned into action! I challenge you to share one of your gifts this week—a smile, a kind word, a talent, or a small act of service—with someone who might need it. When you share, you're reflecting the generous heart of Jesus in a real and powerful way.

#### **DISCUSSION QUESTIONS**

- 1. Which gift have you been inspired to share this week?
- 2. How can sharing your gift impact someone's life?
- 3. What does it mean to be a faithful steward of what God has given you?

#### **ACTIVITY**

With your friends write down on a piece of paper one specific way they will share their gift in the coming week. Then, share your own pledge with your friends to encourage one another and hold each other accountable.

#### **APPLICATION**

This week, follow through on your pledge. Share your gift with someone and later reflect on the experience with your group.

#### **PRAYER**

Dear Jesus, thank You for blessing me with gifts to share. Help me to use what I have for Your glory and to brighten the lives of others. Strengthen my heart so that I may give freely and joyfully, just as You have given to me. Amen.

#### **DAY 36: JESUS ENTERS JERUSALEM**

They took palm branches and went out to meet him, shouting,

"Hosanna!"

"Blessed is he who comes in the name of the Lord!"

"Blessed is the king of Israel!"

John 12:13

#### **EXTRA READINGS**

Mark 11:8-10 Read more about how the crowd celebrated Jesus'

entry.

**Luke 19:37-40** See how the people rejoiced despite opposition.

Today we begin Holy Week with a celebration of hope and honor—Jesus' triumphant entry into Jerusalem. Imagine the excitement in the streets as people waved palm branches, shouting "Hosanna!" They recognized that Jesus was more than just a teacher; He was the promised King. Even though His journey would soon lead to sacrifice, His humble ride on a donkey reminds us that true kingship is marked by humility and love.

#### **DISCUSSION QUESTIONS**

- 1. What does it mean to welcome Jesus as King?
- 2. How does the image of waving palm branches and shouting "Hosanna" inspire you?
- 3. In what ways can you honour Jesus in your daily life?

#### **ACTIVITY**

Using a piece of paper and some coloured pencils or markers, draw your own palm branch. Write a word or short phrase on it that reminds you of hope or Jesus' love. Share your creation with your friends and explain why you chose that word or phrase.

#### **APPLICATION**

Today, as you go about your day, try to greet others with warmth and joy—just as the crowd welcomed Jesus.

#### **PRAYER**

Dear Jesus, thank You for coming into our lives as our King. Help me to welcome You every day with a joyful heart and to share that hope with those around me. Amen.

## DAY 37: JESUS WASHES HIS DISCIPLES FEET

Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet.

John 13:14

#### **EXTRA READINGS**

**John 13:1-15** Read the full account of Jesus washing His disciples'

feet.

**Philippians 2:3-4** Learn about humility and serving others.

Today we reflect on one of the most touching moments of service in the Bible—when Jesus washed His disciples' feet. Imagine the surprise of His friends as their Master, the one who taught and healed, took the time to serve them in the most humble way. This act wasn't about cleanliness; it was about love, service, and breaking down barriers. Jesus invites us to serve one another, no matter our status or differences.

#### **DISCUSSION QUESTIONS**

- 1. How does the act of washing feet change your idea of what it means to serve others?
- 2. What can you learn from Jesus' humility and willingness to serve?
- 3. How might you serve someone in your life this week?

#### **ACTIVITY**

In a small group with your friends, discuss or act out simple acts of service you can do for one another—whether it's helping a friend, listening to someone who is sad, or doing a small chore for a family member. Talk about how each act reflects Jesus' love.

#### **APPLICATION**

Look for an opportunity this week to serve someone without expecting anything in return.

#### **PRAYER**

Dear Jesus, thank You for showing me what true service looks like. Help me to serve others with a humble heart, just as You served me. Amen.

#### **DAY 38: THE LAST SUPPER**

And he took bread, gave thanks and broke it, and gave it to them, saying, "This is my body given for you; do this in remembrance of me."

Luke 22:19

#### **EXTRA READINGS**

Matthew 26:26-29 Discover more details about the Last Supper.

**John 13:1-17** See how the meal was also a time of service and love.

Today we come together to remember a meal that changed everything—the Last Supper. At this meal, Jesus shared His final words and symbols of sacrifice with His disciples. The breaking of bread and the sharing of the cup were not only acts of remembrance but also a reminder of His deep love and the new covenant He established with us. Every time we partake in these symbols, we remember His sacrifice and the hope it brings.

#### **DISCUSSION QUESTIONS**

- 1. What does the Last Supper mean to you personally?
- 2. How can the act of remembering Jesus' sacrifice bring comfort and strength in vour life?
- 3. In what ways does sharing a meal create community and connection?

#### **ACTIVITY**

If possible, share a simple, respectful moment with your friends. Use a small piece of bread and a cup (or a small container of juice) to reflect on the significance of the Last Supper. Even if you only discuss it, share your thoughts about what the bread and cup symbolise in your life.

#### **APPLICATION**

As you remember the Last Supper this week, think about how you can live out the love and sacrifice Jesus showed at that meal.

#### **PRAYER**

Dear Jesus, thank You for the gift of the Last Supper and for the sacrifice You made for me. Help me to remember Your love and to live each day in a way that honors Your sacrifice. Amen.

#### **DAY 39: THE CRUCIFIXION**

Jesus called out with a loud voice, "Father, into your hands I commit my spirit."[a] When he had said this, he breathed his last.

Luke 23:46

#### **EXTRA READINGS**

John 19:30 "It is finished."

**Isaiah 53:5** Reflect on the wounds that brought healing.

Today is one of the most somber days of Holy Week—Good Friday. We remember the ultimate sacrifice of Jesus on the cross. As He uttered His final words, He entrusted His spirit to the Father, showing complete surrender and trust even in the face of pain and loss. This moment reminds us of the depth of His love and the cost of our redemption. Though the day is heavy, it is also filled with profound hope because through His sacrifice, we are offered new life.

#### **DISCUSSION QUESTIONS**

- 1. What does Jesus' sacrifice on the cross mean to you?
- 2. How does understanding the cost of forgiveness affect your daily life?
- 3. In what ways can you show gratitude for the sacrifice made on your behalf?

#### **ACTIVITY**

Using paper and pencils or markers, create a simple drawing of a cross. Around it, write words or phrases that remind you of Jesus' sacrifice—such as "love," "hope," "forgiveness," and "redemption." Share your drawing with your friends if you feel comfortable.

#### **APPLICATION**

Take a quiet moment today to reflect on the sacrifice of Jesus. Let that reflection guide you in living a life filled with gratitude and purpose.

#### **PRAYER**

Dear Jesus, thank You for the ultimate sacrifice You made for me. Help me to remember Your love every day and to live in a way that reflects the gratitude I feel for Your sacrifice. Amen.

#### **DAY 40: THE RESURRECTION**

He is not here; he has risen, just as he said. Come and see the place where he lay. Matthew 28:6

#### **EXTRA READINGS**

**John 20:1-9** Explore the discovery of the empty tomb.

**Luke 24:1-12** Read the full story of the resurrection.

Today is the day of celebration and hope—Easter Sunday! After the darkness of Good Friday, the Resurrection brings the promise of new life and everlasting hope. The empty tomb is a testament to Jesus' victory over death. His rising means that no matter how deep our sorrows, there is always the possibility of new beginnings. Today, we celebrate the gift of resurrection, the assurance of eternal life, and the joy that fills our hearts because Jesus lives.

#### **DISCUSSION QUESTIONS**

- 1. What does the Resurrection mean for your hope and future?
- 2. How can the promise of new life inspire you in everyday challenges?
- 3. What are you most grateful for today as you celebrate Easter?

#### **ACTIVITY**

Take a moment with your friends to share one thing you are thankful for or one hope that the Resurrection has brought into your life. You might also create a simple "hope tree" on a piece of paper—each branch representing something new or joyful that has grown from the Resurrection.

#### **APPLICATION**

Let the joy and hope of the Resurrection fill your heart this week. Share that joy with others, and let it inspire you to live a renewed life in Christ.

#### **PRAYER**

Dear God, thank You for the miracle of the Resurrection. Fill my heart with joy and hope, and help me to live each day as a celebration of the new life You have given me. Amen.





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